



# **DIPLOMA IN SPORTS COACHING**







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BPCA'S College of Physical Education

Olympia Sports & Events Pvt.Ltd.

## TAKE YOUR PASSION FOR SPORTS TO THE NEXT LEVEL WITH

## **DIPLOMA IN SPORTS COACHING**

#### EMPOWERING GRASSROOT COACHES FOR EXCELLENCE

#### About Olympia Sportz & BPCA

The **Diploma in Sports Coaching** is proudly presented by Olympia Sportz and Events Pvt. Ltd., a leading sports and performing arts coaching and events company.

We have partnered with B.P.C.A's College of Physical Education, an esteemed institution with 45 years of experience in physical education and sports. As a prominent affiliate of the University of Mumbai, recognized by the National Council for Teacher Education (NCTE) and the Government of Maharashtra, the college offers a diverse range of programs, including undergraduate, postgraduate, and Ph.D. degrees, as well as fitness and yoga programs.

This strategic collaboration leverages our collective expertise in physical education, sports coaching, sports management, and event organization to deliver a comprehensive, industry-relevant diploma program.

#### Vision :

To establish a world-class Diploma program in Sports Coaching, equipping individuals with comprehensive knowledge, skills, and practical expertise to succeed in the field.

Our focus is on cultivating grassroots coaches and integrating them into the coaching education mainstream.

#### Mission:

To foster an inclusive learning environment that promotes holistic development, employment, and employability skills for grassroot sports coaches.

We aim to inspire a new generation of coaches who embody excellence, inclusivity, and social responsibility, positively impacting athletes, teams, and communities.

#### Why Choose this Program?

Unlock a fulfilling career in sports coaching with our comprehensive Diploma program. Transform your passion for sports into a rewarding profession, guiding athletes to achieve their best.

#### Key Benefits:

- Combines theory and practice: Develop essential coaching skills through a blend of theoretical foundations and hands-on training.
- Expert-led program: Learn from experienced professionals in the field.
- Practical experience: Gain real-world experience and build a professional network.
- Specialization streams: Choose from Basketball, Football, Handball, or Cricket.

#### **Comprehensive Curriculum:**

- Coaching techniques and methods
- Sports science and nutrition
- Injury prevention and management
- Team management and leadership
- Communication and mentoring

#### Kick-Start Your Coaching Career:

The **Diploma in Sports Coaching** provides a comprehensive foundation, empowering you with essential skills, knowledge, and hands-on experience.

This expert-led program enables you to establish a professional network and launch a successful coaching career, positioning you for excellence in the ever-evolving sports coaching landscape.

#### **Specialization Streams**

- Basketball
- Football
- Handball
- Cricket

#### **Eligibility Criteria**

To be eligible for this program, applicants must meet one of the following criteria:

Academic Eligibility : Passed 10+2 Sports Eligibility\* : Represented at the District, State, National, or International level in a recognized sport

#### Alternative Sports Eligibility\*

Grassroots coaches may be eligible via an alternative pathway that acknowledges their experiential expertise :

- Coaches with experience certificate for more than 3 years
- Coaches who demonstrate a passion for coaching and a commitment

(This alternative pathway is designed to support coaches who have gained valuable experience through hands-on coaching, but may not have had the opportunity to participate in sports at a competitive level )

## Key Dates

Admissions Open: <u>20th January 2025</u>

Last Date to Apply: <u>20<sup>th</sup> February 2025</u>

## Program Highlights

- Online lectures scheduled 3 days a week for flexible learning.
- ✓ Weekend practical sessions for real-world coaching experience.
- ✓ Guidance from industry expert throughout the program.
- ✓ Interactive sessions to enhance coaching skills and techniques.
- Certification in First Aid and CPR included in the curriculum.
- ✓ Affordable fee structure to make education accessible.
- ✓ Courses available in Mumbai, Pune, and Bangalore.

## Course Overview

**Duration:** 1 Year (2 Semesters)

#### **Core Components :**

- Coaching Theory and Practice: Learn coaching methods, techniques, and principles across various sports.
- Sports Science: Understand the body's response to exercise, training strategies, injury prevention, and recovery.
- Athlete Development: Gain skills to identify talent, create training plans, and track athlete progress.
- Sports Psychology: Explore mental aspects of performance, motivation, teamwork, and preparation.
- Practical Experience: Participate in internships, coaching clinics, and hands-on training with athletes or teams.

#### Key Focus Areas of our Diploma Program :

<u>Theory of Sports Training:</u> Explore principles of training, including load management, recovery methods, techniques, motor skills, and skill acquisition.

<u>Kinesiology and Sports Biomechanics</u>: Understand the fundamentals of kinesiology, posture, motion dynamics, force, equilibrium and its application in sports.

**<u>Practical Training</u>**: Gain hands-on experience in strength, endurance, speed, flexibility, and coordinative abilities training.

**Sports Specialization (Basketball, Handball, Football, Cricket**): Delve into the history, development, organization, coaching requirements, facility management, and officiating of your chosen sport.

#### **Placement Opportunities**

We have partnered with top industry employers to offer our students excellent placement opportunities. Our placement partners provide a platform for students to demonstrate their skills and secure their ideal coaching positions.

#### **Benefits of Joining the Program:**

- ✓ Work alongside renowned coaches and sports professionals.
- ✓ Build valuable connections and network within the sports industry.
- Access exclusive job opportunities with top sports institutions and clubs.
- ✓ Receive dedicated placement support to kick-start your coaching career.

## Fee Structure

#### Program Fee: ₹37,000

Installment facility available as given below :

INSTALLMENT	AMOUNT	LAST DATE OF PAYMENT
1 <sup>st</sup> installment :	5,000	20 <sup>th</sup> February 2025
2 <sup>nd</sup> installment :	8,000	20 <sup>th</sup> April 2025
3 <sup>rd</sup> installment :	8,000	20 <sup>th</sup> June 2025
4 <sup>th</sup> installment :	8,000	20 <sup>th</sup> Aug 2025
5 <sup>th</sup> installment :	8,000	20 <sup>th</sup> October 2025

## **Discount Options**

#### 10% discount for:

- ✓ Students with a referral code.
- ✓ Students paying full fees upfront.
- Economically backward category students.
- ✓ Students identifying as third gender.

## DISCOUNTED FEE: ₹33,300

## Transform Your Passion Into a Profession !

## Admission and Payment Procedure

STEP	PROCEDURE	TIPS
Step 1 :	Visit the link and overview the program details	https://olympiasportz.com/c oach-education/
Step 2 :	Scroll down and click "Apply Now" to start your application.	APPLY NOW
Step 3 :	Carefully fill out the admission form at given link	https://olympiasportz.com/d iploma-in-sports-coaching- admission-form/
Step 4 :	Please upload the required documents, ensuring they meet the given specifications:	Document Specifications: - Format: JPG/JPEG - File size: Less than 2 MB
Step 5 :	Check your email for a copy of your submitted form and enrollment number	Enrollment number example : "DSC2024B1- 0125"
Step 6 :	Click on the "Pay now" button and select payment option from given options.	Payment Options available : 1. Total fees payment" 2. Installments
Step 7 :	<ul> <li>To ensure a smooth payment process, please:</li> <li>1. Check your registered email ID for your enrollment number.</li> <li>2. Enter the enrollment number below to verify.</li> </ul>	Enrollment No • Şelect Enrollment No Verify Enrollment No

Step 8 :	Add your mobile number and verify with OTP	https://rapid.grayquest.com /vh10-sports-fee-total-fee
Step 9 :	Select your preferred program	Basketball / Football / Handball / Cricket
Step 10 :	Choose a payment option and review fee structure details if needed.	You can click "more details" and check the fee structure details before payment
Step 11 :	Click "Proceed to pay "	
Step 12 :	Select your payment method and click "PAY Now".	Payment Methods : (card, net banking, wallet, or UPI)
Step 13 :	Complete the payment and download the payment receipt or take a screenshot.	
Step 14 :	Keep your receipt and enrollment number for future reference and fee payments.	https://rapid.grayquest.com /vh10-sports-fee-total- fee/r/auth

Note : Remember to carefully follow each step to ensure a smooth enrollment and payment process.

# Empower yourself with the tools, knowledge, and hands-on experience needed to become a skilled sports coach.

## Enroll Today !!

## **Contact Us**

Admission team Phone: +91 7900167456 Email: coach.education.vgos.org Website: www.olympiasportz.com/coach-education/